

FREE DOWNLOAD

DOWNLOAD LINK IN BIO

Future Families

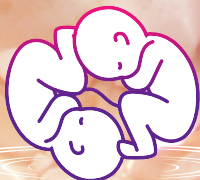
SKILLS FOR RECEIVING OUR NEW HUMANITY



WWW.AQUAGENESIS.GR



ARE YOU
or would you like to
be a future parent?



WWW.AQUAGENESIS.GR



Hello!

My name is **Sophia Michalopoulou**. I am an aquatic perinatal therapist, a newborn and baby swimming educator as well as a pregnancy and birth doula.

While immersed in warm water, I began to remember my own birth journey and to see birth from a baby's perspective.

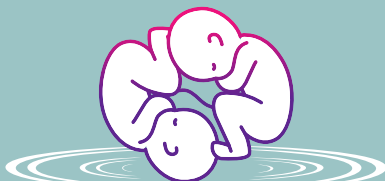
My vision, research and practice are all about supporting a baby's entire birth journey from conception, birth and post natally with water.

My observations and personal experience have made me aware of some skills and needs I would like all future parents to know.



PREPARATION
is the time we need
to feel ready*.

*Every individual human being has their own timing.



WWW.AQUAGENESIS.GR




PREPARATION

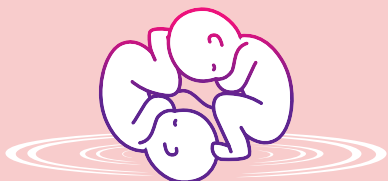
starts before **Conception.**

If you are having sex please ask me about what you should already know from a baby's perspective. A conscious and crystal clear Yes! is the ideal soul entry into this life.

Your baby's birth journey starts before conception!



The best time
to start
preparing is
HERE & NOW.



WWW.AQUAGENESIS.GR



BIRTH FROM A BABY'S PERSPECTIVE

When we look at birth from a baby's perspective we connect more deeply to their experience here and now allowing them to feel seen, heard and welcome long before they are born.

Online Preparation Course

SKILLS FOR CREATING SAFE CONTAINERS



LISTENING



ALLOWING



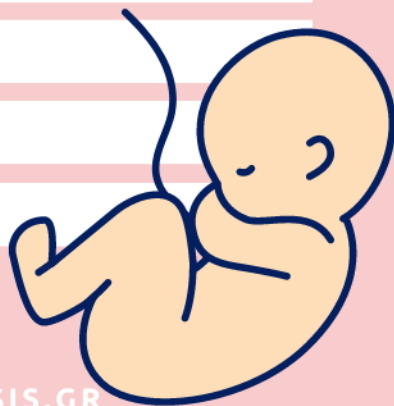
CONTAINING




SLOWING DOWN



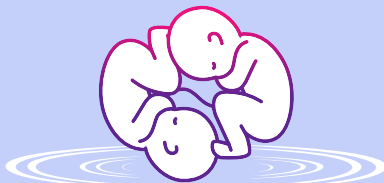
WITNESSING



WWW.AQUAGENESIS.GR
connect@aquagenesis.gr



Your presence of
being and the quality
of your vibration are
your developing
baby's first language
of connection.




WWW.AQUAGENESIS.GR



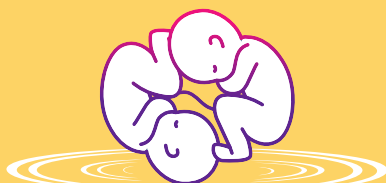
SUPPORTING LIFE WITH WATER

Water is the natural container for life to grow in, creating a safe and gentle continuum for you and your baby before, during and after being born.

I am passionate about supporting our birth journeys in water because your baby can simply feel your love more!



Future
generations
depend on the
choices we
make today.



WWW.AQUAGENESIS.GR



MY BIRTH STORY is my Birthright

Sessions for Babies, Children & Adults



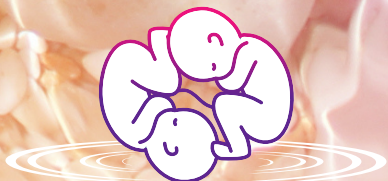
WWW.AQUAGENESIS.GR

SKILLS FOR RECEIVING OUR FUTURE HUMANITY

I hope you are feeling inspired and ready to receive more information about my preparation classes online or in water. Perhaps join me for an experiential workshop or retreat?



Thank you
for listening in.



WWW.AQUAGENESIS.GR